

Course Title	Community Health I
Course Credit	4 credits (60 hours of class instruction) 3 credits (140 hours of practicals)
Duration	Spread across two months time the course will be administered in the month of October-November and February-March.
Course Description	The course enables students to acquire knowledge and understanding of the changing concepts of comprehensive community health practice, the national health care delivery system and to participate in the delivery of community health practice. This course also broadens the understanding in public health administration, responsibility of nurse for early case finding, health assessment and health education based on principles of primary health care, system process approach and comprehensive care to the individual, family and community.
Course Prerequisites	The course is designed for students who are interested in health, medicine and nursing. A background of public health is strongly recommended.
Course Objectives	At the end of the course student will: <ol style="list-style-type: none"> 1) Explain the concept of various factors contributing the health of individual family and community. 2) Explain and analyze health need of individual family and community based on factors contributing to health and illness 3) Describe national health care delivery system. 4) Describes epidemiological methods and principles of prevention and control of illness in the community. 5) Study implementation of national programmes and role of CHN in prevention and control of diseases. 6) Identify the role of personnel working in the community health setup and appreciate the integrated approach to community health. 7) Plan the work of community health nurse and supervise the health workers. 8) Study concept of public health administration and role of nurse and health professional as manager and supervisor.
Course Topic List	<p>UNIT I COMMUNITY HEALTH 8 hrs.</p> <ul style="list-style-type: none"> - Changing concepts of health - Determinants of health - Introduction to community health & CH - Principles of working in a community. - Primary health care - concepts and principles. - Role of nurse in promoting primary health care. - Health for all - concepts strategy for HFA. - Community health assessment and diagnosis. <p>UNIT II FAMILY HEALTH CARE & SERVICES 10 hrs.</p> <ul style="list-style-type: none"> - Concepts, Objectives scope & Principles of family health services. - Family as a unit of community health service. - Factors influencing family health and high-risk families. - Family Health assessment, Health risk families. - Principles and technique of home visits. - Process in family & community health care. Establishing working relationship with the family. - Working with families in relation to prevention of disease and promotion of health. - Care of Sick, & care of physically handicapped and mentally retarded at home - Family health records. <p>UNIT III HEALTH ADMINISTRATION IN INDIA. 10 hrs.</p> <ul style="list-style-type: none"> - Health care delivery system in India. - Health planning, National health policy and Five Years plan - Organization and administration of health services at central, state, district level and Rural Health Services (Panchayati Raj). - Monitoring and evaluation and health services

- System of medicines.
- Centrally sponsored health schemes.
- Role of voluntary health organization & International Health agencies.
- Health team concept, Public health legislation.
- Community Health Administration.
- Role of health personnel in community health Practice.
- Training Programmes for various health workers.
- Management and supervision in community health practice.

UNIT IV HEALTH EDUCATION (IEC Information, Education, Communication) 5 hrs.

- Aims, concepts and scope of health education.
- Communication and health education.
- Methods and media for health education in community.
- Planning for health education and role of nurse in I.E.C.
- Central Health Education Bureau.

UNIT V ROLE OF NURSE IN NATIONAL HEALTH PROGRAMMES. 15 hrs.

- Development of community health services in India.
- Major health problem in India.
- National health programme for communicable and Non-communicable disease.
- Maternal and child health programme.
- Nutritional programme.
- Family welfare
- School health Programme.
- Occupational Health Programme.
- Disaster Management.
- As a health team members.
- Records and reports in Community health.

UNIT VI EPIDEMIOLOGY. 7 hrs.

- Epidemiology - Definition, Concepts, aims, objectives and methods and Principles.
- Epidemiology - Theories and Models.
- Application of Epidemiological Principles in community health.
- Monitoring and surveillance.
- Levels of prevention of disease

UNIT VII BIO STATISTICS AND VITAL STATISTICS. 5 hrs.

- Introduction, definition and scope, legislation.
- Report, recording and compiling of vital statistics at the local State, National and International level.
- Definitions and methods of computing vital statistics.
- Methods of presenting data.
- Management Information System.

Practicum	<ul style="list-style-type: none"> - Each students will prepare to community profile - The students will be allotted families to give comprehensive care through process approach in Urban / Rural area. - The students will participate in activities of Primary Health Center, Sub Centre, Community Health Centres, MCH Centre etc. - Visit to the selected Health and Welfare agencies. - To plan and conduct Health Education Programmes – individual/ groups/ community/Mass Health Education and Health Exhibition, to prepare simple A.V. AIDS. - To supervise students and other health workers in the community settings. - Students will be posted atleast 2 weeks for rural community health experience. - To conduct simple family health survey analyze the data collected (Community dignosis) - To write two family health care studies in urban and rural area. (One in each) <p><u>Areas of experience:</u></p> <p><u>Urban Public Health Experience</u></p> <ul style="list-style-type: none"> - Family oriented Health care - Community Assessment / Community dignosis (Family Health Survey) - School Health Programme - Health Education - Urban Public Health Centres (Various Clinics) - Educational Visits <p><u>Rural Public Health Experience</u></p> <ul style="list-style-type: none"> - Participation in Primary Health Care PHC, SC, R.H., etc. - Family oriented Health care - Public Health Administration - Visits to various Health agencies (Zilha Parishad, D.T.C. District Training Centre, Community Health Centre) - Health Education Programme
Resource Materials	<ul style="list-style-type: none"> - Basvanthappa B. T. – Community Health Nursing 2002. - Park J. E. - Preventive and social Medicine 17 edition 2003 - Stanhope - Community Nursing and promoting Health of the aggregate families and Individuals - IInd edition 1988 - Stanhope - Community Health Nursing process and practice for practitioner IVth Edition 1962 - Stanhope Routh- Community Health Nursing Workbook, Family as a client, New Delhi 1982 - Spradely and Barbara – Community Health Nursing - Mahajan B. K. – Textbook of Preventive and Social Medicine, IInd edition 1995. - Najoo Kotwal – Revised by TNAi “ Public Health Manual “ 1989
Evaluation Criteria	<p>Summative evaluation technique will be utilized at the end of the course and objective type questions will be administered to the students. Formative evaluation tecniques includes evluation in the field and assignments.</p>